

#### **Doctor Formulated**

# PERFECTAMINO POWDER®

#### The 8 Essential Amino Acids in Perfect Ratios\*

Pure, Essential Amino Acids in a form that is both 99% utilized (5x more anabolic protein synthesis) and fully absorbed within 20–30 minutes! PerfectAmino is 100% vegan and Non–GMO. \*

Powder | 30/60/120 Servings

CERTIFIED SPORT

Non-GMO • Gluten, Dairy & Sugar Free Paleo & Keto-Friendly • Plant Based



### PERFECTAMINO POWDER PROVIDES:\*

#### **Supports Healthy Protein Sythensis\***

Composed of pure essential amino acids in the exact combination necessary to build new protein and collagen for muscle, bones, tissue, organs, hormones and much more with almost no nitrogen waste.

Most people know protein is essential for optimum health, but assume they consume enough through food. So why do we need an amino acid supplement? Because it's not about how much protein you're consuming, but how much your body is able to use. Eggs, meat, fish and nuts and even whey and collagen powders are less than 50% used as actual protein, with whey at only 17% utilized. They're mainly converted to sugar, fat, or waste.

This leads to protein deficiencies with the effects including: inability to lose weight, sagging skin, loss of muscle mass, brittle bones, slow recoveries from illness and injury, hormone imbalances, and much more. Protein deficiency is very often something you are aware of, but you just can't identify and neither can many doctors.

#### What's the solution? PerfectAmino.

PerfectAmino powder offers 8 essential amino acids for protein and collagen synthesis.

#### PerfectAmino Powder is FREE from:

Fat, sodium, sugar, yeast, gluten, soy, corn, wheat, rice, GMO, preservatives, excipients, dairy and animal products.

Supplement Facts		
Serving Size: 1 scoop/8g	Servings Per Container	30
	Amount Per Serving	% DV
Calories from Carbohydrates	2	<1%
Proprietary Blend: 5g (L-Leucine, L-Valine, L-Isoleucine, L-Lysine HCL, L-Phenylalanine, L-Threonine, L-Methionine and L-Tryptophan)		†
† Daily value (DV) not established.		

**Strawberry Other Ingredients:** Citric Acid, Natural Strawberry Flavor, Stevia Extract, Malic Acid.

Mixed Berry Other Ingredients: Malic Acid, Natural Mixed Berries Flavor, Citric Acid, Stevia Extract, Sunflower Lecithin.

Lemon Lime Other Ingredients: Citric Acid, Natural Lemon Lime Flavor, Organic Stevia Leaf Extract, Organic Monk Fruit Extract.

Mocha Other Ingredients: Natural Flavors, Organic Monk Fruit Extract, Xanthan Gum, Stevia Leaf Extract. Includes 20mg Natural Caffeine (from Great Tea Extract).

**Suggested Use:** Take 1 scoop, 1-3 times daily or as needed. Mix with 8-12 oz. of cold water or juice. For more details and to get best results, view our Users Guide by visiting: wholesale.bodyhealth.com

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

#### **Protein Equivalence**

One serving of PerfectAmino is equivalent to consuming:

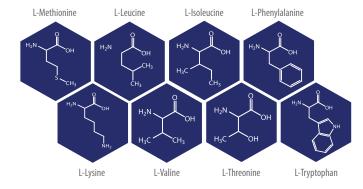






#### What Are Amino Acids?

Amino acids are the building blocks of the human body. There are 22 of them and they are what all the various proteins, collagen, bones and hormones in your body are made of. If you don't have enough in the right quantity, your body cannot keep up with its daily needs and starts to fall behind, causing all sorts of physical conditions, and slow recoveries and unhealing injuries.



Among the amino acids there are two types: Essential and non-essential. They are called essential because the body cannot make them on its own, however with all of them present, and in the right ratios, the essential amino acids can create any of the non-essential amino acids and so create any protein or collagen needed by the body. But they must all be present and in the right combination in order for this to occur. And that is what PerfectAmino Powder is.

#### How To Take PerfectAmino Powder Daily For Best Results

- Up to 110 lbs: Take 1 2 servings first thing in the morning or before bed.
- 110 140 lbs: Take 2 servings first thing in the morning or before bed.

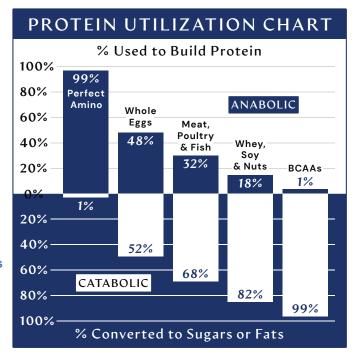
- 140 170 lbs: Take at least 2 servings first thing in the morning and 1 before bed.
- 170 200+ lbs: Take at least 2 servings first thing in the morning and 1-2 before bed.





#### The Difference Between Protein Sources

- At the low end of the spectrum are whey and soy proteins - only 18% of their content is utilized by the body with 82% leaving as waste.
- Food such as meat, fish and poultry fare a bit better with 32% being absorbed and 68% being wasted.
- Eggs are the winners in the food stakes with 48% being utilized with 52% waste.
- Now compare those numbers to PerfectAmino
   Powder a massive 99% is put to work by the body, with
   less then 1% leaving the body. Not only that, but
   PerfectAmino Powder is absorbed by the body within 23
   minutes! And there is only 0.4 of a calorie per tablet.



"When you eat protein, your body breaks it down into its most basic form, which are amino acids. It then re-constitutes them to build or repair the muscle, bone, tissue or other protein."

 David Minkoff, MD, Founder of BodyHealth

## **PERFECT AMINO**

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